

WELLNESS PROMOTION

1. This Policy is intended to fulfill the requirement under Public Law 108-265 § 204 (2004) (42 U.S.C. § 1751 Note) that school districts shall have a "local school wellness policy" to promote student health and reduction of childhood obesity.
2. South Tech Charter Academy, Inc. will engage students, parents, teachers, food service professionals, health professionals, and other interested community members in implementing, monitoring, and reviewing Palm Beach District-wide nutrition and physical activity policies, and recommending the development of amendments to this Policy or the development of additional wellness policies.
3. The South Tech Charter Academy, Inc. Governing Board is committed to providing a school environment that enhances learning and development of lifelong wellness practices. The Academy shall promote a school environment that encourages and protects children's health, well-being, and ability to learn, by supporting healthy nutrition and physical activity. Since the Academy contracts food services with the Palm Beach School District, South Tech will cooperatively work with the District in implementing its' Wellness Promotion Policy.
4. The school environment should be safe, comfortable, and aesthetically pleasing; and schools should allow ample time and space for eating meals. Food and/or physical activity should not be used as a reward or punishment.
5. In addition to providing healthful meals in the cafeteria, schools should also promote wellness by including more healthful selections when foods and beverages are otherwise available on campus during the school day (e.g., in vending machines, concession stands, a la carte, student stores, parties/ celebrations, or fundraisers), consistent with health information in the USDA Dietary Guidelines for Americans (at www.healthierus.gov/dietaryguidelines).

Authority: Fla. Stat. §§ 1001.41(1), (2); 1001.43(1), (6)

Implemented: Fla. Stat. §§ 1001.41(3); 42 U.S.C. § 1751

Reference: Palm Beach School District Policy 1.1

History New: 08/03/2006; Revised: 3/11/2010